

BATTLE BORNE

TOGETHER WE RISE

VETERANS WE'VE HELPED IN MAY 2026

- ✓ **3 clients** supported with housing in our own facility.
- ✓ **6 Veterans** placed and referred to alternative housing (e.g. recovery, shelters, and other transitional programs.)
- ✓ **300 Families** fed through our Military Share Food Distribution Program.
110 Families supplied with dog food through our Vets For Pets Project
- ✓ **8 transports ; 1 monthly bus passes**
- ✓ **8 veterans** participated in massage and yoga
- ✓ **\$500** in grocery gift cards distributed

UPCOMING EVENTS

Military Food Share - Monroe
May 19, 2026 **11am-1pm**
 646 Fairground Road
 Gilbert PA 18331

Veteran Coffee & Connection
May 4, 2026 **9:00 - 11:00**
 Elks Lodge
 260 Washington St
 East Stroudsburg PA

Walk for Wellness
May 16, 2026 Registration 7:30am/ Walk 9am
 The Wooden Match
 61 W Lehigh St
 Bethlehem, PA 18108

Vets for Pets Dog Walk
May 20, 2026 **2pm-4pm**
 640 Dixon St.
 Allentown, PA 18103

Empowerment Workshop
May 20, 2026 **7pm-9pm**
 36 S. 6th St
 Allentown PA 18101

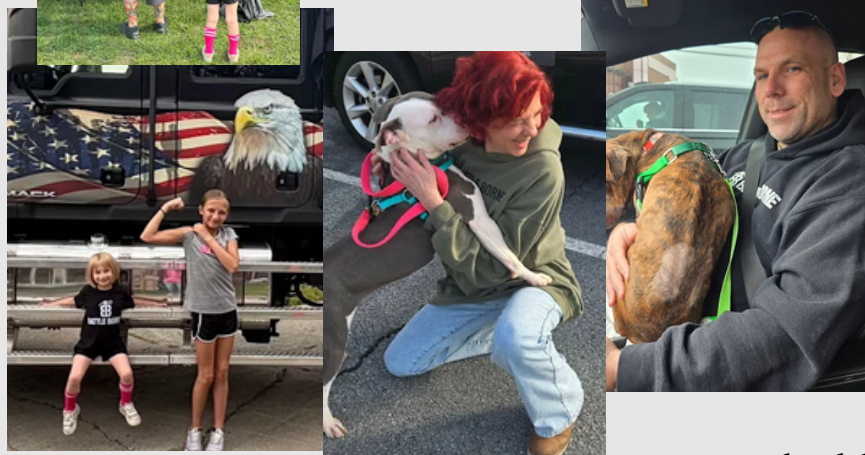
Military Food Share- Lehigh
May 27, 2026 **2pm-4pm**
 36 S. 6th St
 Allentown PA 18101

**Veterans and Community Partners
 Wellness Summit**
May 28, 2026 **Marywood University**

VOLUNTEER SPOTLIGHT



A huge thank you to our Volunteers of the Month: Ali, Brendan, Hope, and Faith! Your dedication, compassion, and willingness to show up and serve make a real difference every single day. Because of you, our mission continues to grow stronger and reach those who need it most. We're grateful to have you on this team. ❤️



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UPCOMING EVENTS



BATTLE BORNE PRESENTS

BATTLE BORNE WALK FOR WELLNESS 5K!!!

WALK 4 WELLNESS
BODY • MIND • SOUL • SPIRIT

REGISTRATION \$25

RUN & WALK

**SATURDAY
MAY 16, 2026**

**REGISTRATION @
7:30AM/ RUN @
9AM**

**THE WOODEN MATCH
61 WEST LEHIGH STREET
BETHELEHM, PA 18108**

LIVE MUSIC GREAT FOOD MEDALS FOR FINISHER

FOR MORE INFORMATION VISIT WEAREBATTLEBORNE.COM

We all fight battles people can't see. On May 16, 2026, we walk for strength. We walk for healing. We walk for those still finding their way. Join us for the Battle Borne Walk for Wellness and be part of something bigger than yourself. Let's show our community that wellness is worth showing up for.

BATTLE BORNE **TOGETHER WE RISE**

UPCOMING EVENTS

JOIN US!

MAY 28, 2026

MARYWOOD UNIVERSITY

The Wilkes-Barre

VA Veterans Community Partnerships

Presents:

The Third Annual

**VETERANS AND COMMUNITY PARTNERS
WELLNESS SUMMIT**



Join us for the 3rd Annual Veterans and Community Partners Wellness Summit on May 28, 2026. 🇺🇸

This one-day conference offers opportunities for continuing education and networking among healthcare professionals, community leaders, veterans, family members, and nonprofit organizations serving Northeastern Pennsylvania.

REGISTER TODAY:
[CLICK HERE](#)

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ONGOING EVENTS



Veteran
Coffee & Connections

Looking for a place to connect with fellow veterans?

Come join us for Veteran Coffee & Connections where veterans can share their experiences, connect with others who understand, and learn how we can offer support. Whether you are seeking camaraderie, resources, or just a great cup of coffee, we've got a seat for you!

When: 9:00 AM - 11:00 AM
April 6th, May 4th, and June 1st

Where: Elks Lodge, BPOE #319
260 Washington Street, East Stroudsburg, PA

Contact the Elks with any questions at 570-421-8760
Let's talk, connect, and build community - together!






Refreshments provided by the Elks Riders



Time for a W-A-L-K!

BATTLE BORNE'S VETS FOR PETS PROGRAM IS PARTNERING WITH THE LEHIGH VALLEY HUMANE SOCIETY TO PROVIDE MUCH NEEDED INTERACTION FOR SHELTER PETS!

JOIN US:
2:00PM TO 4:00PM
THE THIRD WEDNESDAY OF EVERY MONTH

640 DIXSON ST
ALLENTOWN, PA 18103




Empowerment Workshops
for ALL Veterans including men, of All Eras & Any time in service

Facilitated by Veterans

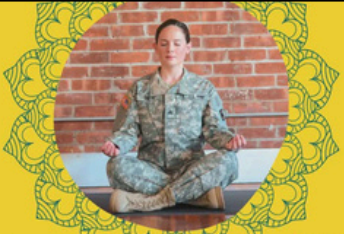
Stand up. Give a hand up. Show up!
Tell your story to people who understand your military service.

The 3rd Wednesday of every month
7-9pm EST
In person & on Zoom

Register for link or just show up!
www.womenveteranempowered.org



Battle Borne Veteran Resource Center
36 S. 6th St.
Allentown, PA 18101





First Wednesday of every month
5:30-6:30PM

Trauma-Informed Yoga

Incorporating mindful resilience techniques:
Breath, Focus, Movement, and Meditation

2906 William Penn Highway
Easton, PA 18045
For more information, please contact Christopher Yarnell at chris.battleborne@gmail.com



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ONGOING EVENTS

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Second Harvest FOOD BANK
of the Lehigh Valley and Northeast Pennsylvania

MilitaryShare PROGRAM

The *MilitaryShare* program at Second Harvest Food Bank is designed to provide fresh, nutritious foods for families with at least one member who has served or is currently serving in the armed forces.

Each eligible military member will receive ten pounds of fresh produce, one gallon of fresh milk, one dozen eggs, two pounds of meat, and a twenty-pound box of shelf-stable pantry staples such as soup, pasta, sauce and cereal each month.

PROGRAM OF **COMMUNITY ACTION** LEHIGH VALLEY

MEMBER OF **FEEDING AMERICA**

3rd Tuesday of the month
11am - 1pm

Gilbert American Legion Post 927
646 Fairground Rd
Gilbert, PA 18331

REGISTRATION REQUIRED
Please contact: Faith Bigelow
Faith.A.Bigelow.civ@army.mil
717.525.2696

4th Wednesday of the month
2pm - 4 pm

Veterans Resource Center
36 South 6th Street
Allentown, PA 18101

REGISTRATION REQUIRED
Please contact: Tara Rose
Tara.L.Rose.civ@army.mil
717.507.3228